Clarissa Rayward

Clarissa Rayward is known as 'The Happy Family Lawyer' as she specialises in helping couples stay out of Court and work together to reach a resolution to their relationship breakdown. A practising family lawyer, she is the Director of the Brisbane Family Law Centre, a multidisciplinary practice where lawyers work alongside counsellors and financial planners to ensure that clients receive the holistic support they need.

Clarissa is the author of the successful 'Happy Family Lawyer' blog, providing weekly commentary and tips on issues relating to life, love, relationships and divorce. She is also the Author of the book, 'Splitsville – How to separate, stay out of Court and stay friends.'

In 2016 Clarissa launched her new venture 'Happy Lawyer, Happy Life' in response to the growing number of lawyers and other professionals reaching out to her looking for ways of finding 'Happiness' in their careers. Clarissa's podcast and book both titled 'Happy Lawyer, Happy Life' offer insights and resources for legal professionals seeking fulfilling careers and happiness both in law and in life.

Following many years of work as what she calls an 'accidental wellness advocate' in law, Clarissa was recognised as the 2019 Lawyers Weekly Australian Law Awards Wellness Advocate of the Year. Over the past 4+ years, lawyers both nationally and internationally have jumped aboard her 'happiness project' by listening to the podcast, reading the book, participating in the 7 day happiness challenge or 8 week online course, talking with friends and colleagues and perhaps most importantly, asking the question- how can I be a happier lawyer?

Clarissa is deeply proud to have contributed to furthering the conversation about wellness in law but we know there is still a whole lot of #lawlandbedazzling to be done!

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